



## 4-H Uniquely New Mexico – Greentop

400.F-50 (R-18)



This project continues the introduction to New Mexico's culture from growing to eating. In this project you will learn about New Mexico's rich culture. Not only will this project help you gain an awareness and appreciation of the culture of New Mexico, but you will help preserve the heritage that makes New Mexico unique. You will also share with others things you are learning about New Mexico as well.

### Opportunities:

- Visit a corn farm or production plant.
- Take a tour of your county.
- Invite a local storyteller or historian.

### County Opportunities:

- Enter a piñata or a cornhusk doll.
- Enter a recipe box with recipes.
- Enter a plate of 3 biscochitos.
- Enter a plate of 3 ears of corn.
- Enter a journal about your county trip.
- Enter a plate of 3 homemade corn tortillas.
- Enter presentations or public speaking county contests.
- Participate in Favorite Foods at County Contest.



### Resources:

- Uniquely New Mexico 100.F-50 (N-96)
- Uniquely New Mexico Leader's Guide 200.F-49 (N-96) is also available
- General Project Record Sheet 300.A-7 (R-18)

### 4-Hers will learn:

- History and tradition of the state of New Mexico.
- How to grow corn.
- How to make a cornhusk doll or cornhusk necklace.
- How to make a piñata.
- How to prepare foods unique to New Mexico.

### Club Opportunities:

- Give demonstrations on:
  - Growing corn.
  - Making a cornhusk doll or corn necklace.
  - Making biscochitos, corn tortillas, tortilla chips and chile con queso.
  - Making a piñata.

Wilson, February 2004