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College of Agricultural, Consumer  
and Environmental Sciences  
Cooperative Extension Service  
Extension 4-H Youth Development

Family  
Life



## 4-H Understanding Preschool Children – Greentop

400.M-10 (R-18)



This project is designed for 9 to 12-year-old 4-H members to develop an understanding of young children. This can be used as an individual project or a club project when members do the activities together at club meetings. There are opportunities for leadership development, citizenship, exhibits, and demonstrations.

### 4-H Members Will Learn:

- How you feel about being with 3-5-year-old children (preschoolers).
- How to watch or observe children so you can understand how they act.
- How to use positive ways to help young children behave the way you want them to behave.
- How to comfort, feed, and play with young children.
- What toys are safe and unsafe for preschoolers.

### What You Will Need To Do This Project:

- One or two children who are 3-5 years old that you can watch or observe and play with (with parents in the house)
- Old magazines, paste or glue, crayons, markers, paper
- Toys - safe and unsafe
- Deck of regular playing cards
- Lunch foods
- Washcloth and rubber band

### Resources:

Understanding Preschool Children  
Project Book – 100.M-10

4-H Project Record – 300.A-7 (R-18)

### Citizenship and Leadership Activities:

- Give a talk on safe toys at your club or school class.
- Teach a friend what you learned about children.
- Write a letter to your mayor about how important it is to treat children kindly.
- Read to your younger brother or sister or cousin.
- Volunteer to read stories to children in a day care center.
- Volunteer to help clean up at a child care center.
- Help make a snack for young children in your neighborhood.

### Demonstration Ideas:

- How to choose foods and make lunch for a preschooler.
- Safe and unsafe toys.

DelCampo, 2001