



4-H New Mexico Roundup— Greentop

400.F-51 (R-18)



As a project, New Mexico Roundup, can help 4-H members appreciate the states rich culture and learn more about the importance of agriculture in New Mexico. It can also help you understand how to use the New Mexico Foodscape to plan healthy meals and snacks and to show you the wide variety of New Mexico agricultural products that can be part of a balanced diet.

Club opportunities:

- Give demonstrations on:
 - New Mexico's history and traditions.
 - Growing pumpkins.
 - Preparing foods from New Mexico's agricultural products.
 - How to plan a one-day menu using the New Mexico Foodscape.
 - How to twist or braid a rope.
 - How to weave miniature saddle blankets.

County opportunities:

- Enter a project made from handmade rope.
- Enter a set of 4 mug rugs.
- Enter a plate of 3 sourdough biscuits.
- Enter a plate of beef jerky (4 strips).
- Enter a pumpkin.
- Enter a rodeo flag.
- Enter presentations or public speaking county contests.
- Participate in Favorite Foods at county contests.

Resources:

- New Mexico Roundup 100.F-51 (R-2005)
- General Project Record Sheet 300.A-7 (R-18)

You will learn:

- About some of New Mexico's history and traditions.
- How to grow pumpkins.
- How to prepare foods from New Mexico's agricultural products.
- How to plan a one-day menu using the New Mexico Foodscape.
- How to twist or braid a rope and use it in a craft project.
- How to weave miniature saddle blankets.

Opportunities:

- Participate in a bicycle rodeo.
- Visit local gardens.
- Attend a rodeo.
- Visit a local ranch or dairy.
- Invite a rodeo participant, announcer or clown as a guest speaker.

Wilson, February 2004