



All About Discovery![™]
 College of Agricultural, Consumer
 and Environmental Sciences
 Cooperative Extension Service
 Extension 4-H Youth Development

Personal Growth and Development



4-H New Mexico Flavor – Greentop

400.F-49 (R-18)



New Mexico is called The Land of Enchantment because of its beautiful scenery, rich culture and unique authentic food. Taking this project, you will appreciate the state's rich culture and learn about the importance of agriculture in New Mexico.

Club Opportunities:

- Give demonstrations on:
 - Making salsa.
 - Making flour tortillas.
 - Growing chile.
 - Making ristras.
 - Decorating recipe boxes.

Opportunities:

- Ask for a tour of:
 - The kitchen of New Mexican food restaurants.
 - Chile farms or processing plants.
- Invite a chile producer as a guest speaker.

Resources:

- New Mexico Flavor 100.F-51 (R-98)
- General Foods Record Sheet 300.A-20 (R-18)
- New Mexico Flavor Greentop 400.F-49(R-18)

4-Hers will:

- Learn how to grow and harvest chile.
- Make a chile ristra.
- Prepare salsa and flour tortillas.
- Make New Mexico hot chocolate.
- Decorate a recipe box and holder.
- Make a special craft item using native materials.

County Opportunities:

- Enter a plate of 6 green chiles.
- Enter a plate of six red chiles.
- Enter a chile ristra you made.
- Enter a plate of 3 homemade flour tortillas.
- Enter a recipe box.
- Enter presentations or public speaking county contests.
- Participate in Favorite Foods at county contests.

Wilson, February 2004