



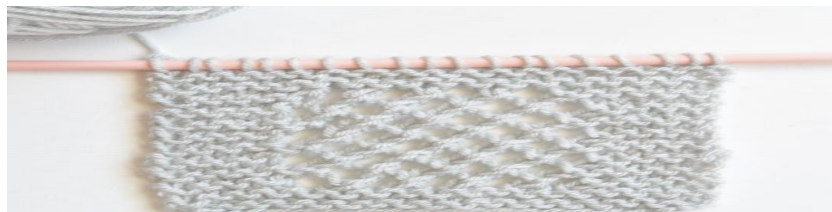
All About Discovery![™]
College of Agricultural, Consumer
and Environmental Sciences
Cooperative Extension Service
Extension 4-H Youth Development

Creative Arts



4-H Knitting I & Advanced – Greentop

400.C-4 (R-18)



This project introduces members to the basics of knitting including equipment, materials, steps, and stitches. Members follow this guide to complete **Knitting I, II, and III**.

In this project, you will learn:

Level I

- To read and follow instructions for basic knitting stitches.
- To understand abbreviations for stitches and procedures.
- To handle needles and yarn correctly.
- These basic procedures of casting on, knit, purl, and binding off.
- To check gauges of stitches and patterns.
- To join knitted pieces, using needle and yarn.
- To block knitted articles.

Level II

- These basic procedures of increasing, decreasing, slip-stitch, yarn over, picking up stitches along an edge, and to join knitted pieces using crochet hook and yarn.
- To correct mistakes.
- To use two or more colors of yarn (as in horizontal stripes).

Level III

- At least five variations of basic knitting stitches such as cable popcorn, basket weave, shadowbox, horseshoe cable, double seed and others.
- Knitting with four needles.
- To make buttonholes.
- To make crocheted buttons and knitted and crocheted decorative edgings.
- To carry yarn of various colors to create a color design in patterns such as Fair Isles, Norwegian, Argyle and Scandinavian designs.

Resources:

- 4-H Knitting Project Book – 100.C-4
- 4-H Project Record – 300.A-7 (R-18)

This year you will:

- Review your project book, record sheet and greentop to become familiar with the project before your first project meeting or practice.
- Complete the General Project Guidelines.
- Participate in club, county, district or state contests.
- Participate at county and state fairs.
- For completion of the Knitting Project, complete the record sheet and turn in a county record book to your local Extension Agent.
- Project requirements vary according to First Year or Second Year.

Citizenship and Leadership Activities:

- Give a talk or demonstration about your knitting project at your club or county contest.
- Assist with fairs or Achievement Day in your county.
- Teach another person one of your skills you've learned.
- Donate items created to a local nursing home or Senior Center during the holidays or any other opportunity that presents itself.
- Donate items created for a 4-H fundraiser.

Dunlap,2007