The 4-H Citizenship III project, “My Heritage,” allows 4-H youth to discover links with their past that can enrich their lives. By learning family traditions 4-H’ers will be motivated to preserve family treasures for future generations to enjoy.

**In this project, you will:**

- Become more familiar with your family history and tradition.
- Learn more about your ancestors and gain a greater appreciation for them.
- Become interested in the history of your own community, county and state.
- Get involved in the discovery, restoration and preservation of valuable things from the past.
- Find opportunities to share with others some of your fascinating discoveries.

**Leadership Activities:**

- Research, write and present a history of 4-H in your county. Be sure to include pictures of people and events.
- Teach others about the importance of their heritage, and to have respect for other people and their heritage.
- Organize a Heritage display focusing on the history of 4-H in your county and display during the county fair or National 4-H Week.

**Resources:**

- Exploring Citizenship, Unit III; My Heritage Workbook 100.F-25
- General Project Record Sheet 300.A-7 (R-18)

**Tips:**

- Complete project book and summary form.
- Attend club/project meetings.
- Plan and implement your own heritage project by completing one activity in each of these areas: My Family; My Community; My Country; My State; and miscellaneous activities.
- Complete your family tree.

**Suggested Citizenship Activities:**

- Volunteer at a local museum.
- Visit an elder in your community and assist them in recording their family heritage.
- Record history in your community by taking photos of historical sites, buildings or homes and write a brief description to include with each picture.