



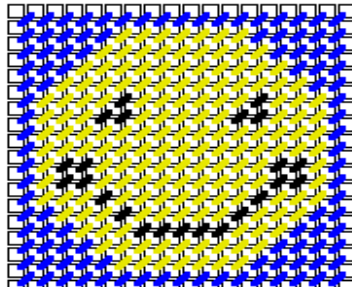
All About Discovery![™]
**College of Agricultural, Consumer
 and Environmental Sciences**
 Cooperative Extension Service
 Extension 4-H Youth Development

Creative Arts



4-H Cross Stitch I & Advanced – Greentop

400.C-6 (R-18)



This project introduces members to the basics of cross stitch including equipment, materials, steps, and stitches. Members follow this guide to complete **Cross Stitch I, II, and III**.

In this project, you will learn:

Level I

- Correct use of equipment – needles, hoop, thimble, and embroidery scissors.
- To read instructions and work a stamped (transfer) cross stitch design.
- To use thread correctly – how to separate and recombine threads, length of use, how to start and end stitches.
- How to use an embroidery transfer pattern to stamp a design for a cross stitch project.
- How to finish project in an appropriate manner.

Level II

- Appropriateness of even weave fabrics for a counted cross stitch project.
- Appropriateness of thread for cross stitch on even weave fabrics.
- How to read a counted cross stitch chart.
- A variety of ways to finish and display a counted cross stitch project.

Level III

- How to make a chart from a picture or an original design.
- How to work a cross stitch design on a plain weave or knitted fabric using waste canvas.
- How to do Assisi work. In this, the background is done in cross stitches and the design is left blank.
- How to use a cross stitch project as a picture – how to back, mat and frame a cross stitch project correctly.

Resources:

Cross Stitch & Advanced Project Book – 100.C-6

4-H Project Record – 300.A-7 (R-18)

This year you will:

- Review your project book, record sheet and greentop to become familiar with the project before your first project meeting or practice.
- Complete the General Project Guidelines.
- Participate in club, county, district or state contests.
- Participate at county and state fairs.
- For completion of the Cross Stitch Project, complete the record sheet and turn in a county record book to your local Extension Agent.
- Project requirements vary according to First Year or Second Year.

Citizenship and Leadership Activities:

- Give a talk or demonstration about your cross stitch project at your club or county contest.
- Assist with fairs or Achievement Day in your county.
- Teach another person one of your skills you've learned.
- Donate items created to a local nursing home or Senior Center during Christmas
- Donate items created for a 4-H fundraiser.

Rowland, 2009